

# Elizabeth Erker, M.S., R.D., L.D.



## Signature Medical Group

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**314.983.4700 ext. 1906**

Office hours:  
Monday – Friday 8:30 am – 5 pm

Our Mission: To educate, support & help individuals develop a plan for making healthy lifestyle choices that improve their quality of life.

## Experience

Dietitian and Nutrition Coach  
Signature Medical Group  
St. Louis, MO

Nutrition Analyst, LLC  
St. Louis, MO

Clinical Dietitian  
Jewish Hospital  
St. Louis, MO

## Education

Marymount College, Tarrytown, NY  
Bachelor of Science in Foods and Nutrition

Saint Louis University, St. Louis, MO  
Masters of Science in Nutrition

## Certification

Member of The American Dietetic Association

## Activities

Juice Plus, NSA Virtual Franchise Distributor  
(November 2005 – Present)

Take Shape for Life Certified Health Coach



[www.signaturemedicalgroup.com](http://www.signaturemedicalgroup.com)