Modified Hours

In order to reduce foot traffic in our buildings and eliminate the exposure to COVID-19 while continuing to serve our members without interruption, our facilities will operate with modified hours beginning next week.

Those hours are:

**Tuesday - Thursday, 7am - 5pm.**

We will still serve members via phone or email Monday-Friday.

To contact us via email or phone, visit **carpdc.org.**

Construction Deemed "Essential" Work

We're keeping track of local, county and state **stay-at-home orders** in our jurisdictions. Of those active so far, construction has been deemed ESSENTIAL and members may report to work.

If you have concerns about safety and sanitation at a specific job site, please call the **Protect Yourself, Protect Others Hotline: 314-781-2356 ext. 1050.**
Carpenters Wellness Center Updates

The Carpenters Wellness Center is now offering virtual visits!
- Primary care, sick visits, return-to-work needs
- Routine follow-up
- Chiropractic
- Physical therapy

Curbside Pharmacy:
- Prescriptions
- Over-the-counter
- Dial 314-955-9355 option 7 when you arrive

As a reminder, the Center is no longer accepting walk-ins. You MUST have an appointment. When you arrive, please call 314-955-9355 option 5 for curbside check-in.

The Center does not currently have COVID-19 testing. If you have concerns about COVID-19, you can speak to a nurse by calling 314-955-9355 option 6.

New Temporary Hours:
Monday-Friday: 8am - 5pm
Saturday: CLOSED

Mental Health Resources

It's normal to feel anxious or fearful right now. There are resources available to our members and their covered family members that can help:

- **TELADOC** has virtual mental health counseling, as well as virtual sick visits. Visit teladoc.com to register or call 1-800-DOC-CONSULT
- **Member Assistance Program**
- **Centers for Disease Control** [tips for managing stress and coping](https://www.cdc.gov/)

NEWS

From the UBC

These are unprecedented times, calling for extraordinary measures to protect health, while keeping our county and economy from grinding to a halt. As **UBC General President Doug McCarron** reminds us, "It is important to remember that we will get through this together, as we always have."

Joint Force
The current crisis has labor and contractors joining forces to monitor safety protocol on job sites. The AGC, Carpenters, Laborers and others have created a coronavirus website and hotline for providing information and tracking complaints. "Our goal is full transparency. We don't want any worker to feel intimidated by a coworker or supervisor."

**Answering the Call**

In southwest Missouri, our carpenters are answering the call for lifesaving construction. A new ward specifically for treating COVID-19 patients is getting built at CoxHealth, the largest hospital provider in that part of the state. "We are very grateful to our contractors, led by JE Dunn, many of which are doing this only for labor and materials."

**Looking Ahead**

What will all of this mean to those who make a living in America's construction industry? Still in these early days of uncertainty, many are looking ahead with predictions on everything from new safety procedures on job sites, to possible materials shortages. "70% of respondents note "employee anxiety" as their top concern."

**STL to 91990**

Response to the coronavirus is changing day by day, and hour by hour. Please help us to keep everyone informed with important updates and information by receiving the latest CRC text messages. Simply text STL to 91990 and help us all stay connected during this crucial time.

**PROTECT YOURSELF.  PROTECT OTHERS.**

**HOTLINE**

(314) 781-2356 ext.1050

**EVENTS AND PROGRAMS**
**Updates**

Many CRC events/fundraisers have already been cancelled. Please check the regional council's [COVID-19 update page](#), where we will post new information as it comes in.

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**2020 Bass Tournament**

Saturday May 2  
Lake of the Ozarks  
A great weekend of fun & fish!

Download entry form here.

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**2020 CARPAC Clayshoot**

Saturday June 13  
As of now, the annual southern Illinois CARPAC Clayshoot is still scheduled.

Organizers will assess the situation at the end of April. Check back here for future information.

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**St. Louis CJAP Exploring Program**

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate? Find out how to get involved.

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**Silver Dollar City Discount**

Save up to 15% on tickets to Silver Dollar City, White Water and the Branson Belle Showboat when you enter code 25421 at [silverdollarcity.com/save](http://silverdollarcity.com/save).

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**COUNCIL CALENDAR**

Council Events

Local Meetings*
March 31
Local 1181

*All Local meetings are suspended indefinitely, except those above because they will have elections for delegates to the UBC General Convention. Business at these Local meetings will be restricted to only the election, and no food or drink will be provided.

TRAINING

ICRA
We can't afford to lose. It's that simple. The Carpenters Regional Council has the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom.
info@carpdc.org

New ICRA Best Practices in Health Care - 24 Hour Qualification classes have been posted to carpdc.org

Please register for these classes by following the instructions for the ICRA classes in your area.

UBC LEADERSHIP
Carpenters leadership training gives our members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands of carpenters learn practical on-the-job tips. Learn more here and spread the word.

TRAINING NOTICE

For the safety of our members and staff all apprenticeship training schools are closed to students through May 1. Staff will still be available by phone or email to answer questions and provide assistance.

We ask that apprentices, members and applicants do NOT visit our facilities at this time. Contact information for each school is available at carpdc.org.

**ONLINE TRAINING OPPORTUNITIES**

Because all Training programs are currently closed for training, CJAP has added additional online training opportunities for our members. Now is a great time to refresh your safety training, advance your skills or get your upgrade.
Once you have successfully completed the four (4) online classes listed, you must contact your training coordinator to upgrade.

All apprentices will receive 1-Unit of training for completing and passing ALL FOUR courses in the following order:
1. Computing Fundamentals
2. Living Online
3. Word
4. Excel

For course descriptions, please visit carpdc.org and select Online Courses for Location. Please contact Brandi Kastner at bkastner@cjtf.org for registration information.

We will be adding more online training options soon, so stay tuned.