

April 30, 2020



In This Issue:

NEWS

Do Not Patronize: Club Fitness

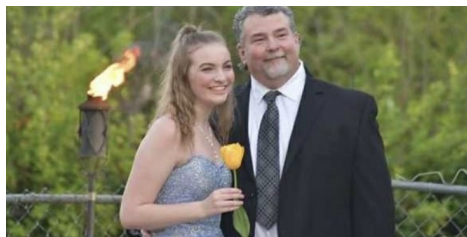
Gold's Gym has closed all of its locations in St. Louis. Please be advised, although Gold's Gym has reached an agreement to transfer its members to area Club Fitness locations, we are urging our members to instead join gyms like the YMCA, Planet Fitness or your local community recreation center.



Club Fitness uses Russo Construction exclusively for its facilities, and Russo is not signatory with the St. Louis-Kansas City Carpenters Regional Council. We have had job actions including pickets, banners and handbills at Club Fitness locations around St. Louis, and will continue to do so until they support working families by paying area standard wages and benefits.

Dear Dad

Family is everything. Check out this sweet moment between Local 1181 member Kevin Richardson and his daughter Kara. As school activities around the country are canceled due to the pandemic, Kevin threw an impromptu prom for his daughter at their home. [Check out the sweet moment here.](#)



Well Done

UBC members submitted many of the more than 326,000 comments on apprenticeship rules to the Department of Labor -- the most ever received by DOL's Employment and Training Administration. When carpenters act, politicians listen! [Click here](#) to see how our member action is protecting union apprenticeships.

Save Our Apprenticeships!



Federal Payments

If you are awaiting your CARES Act recovery check, the IRS has launched a new "Get My Payment" web application with features to let taxpayers check on their Economic Impact Payment and update direct deposit information. Check out [the IRS website](#) for details.



Outlook

How well will the construction industry weather the current storm? Some experts say early signs point to [a quick recovery](#). *"Pent-up demand from construction shutdowns will lead to a construction tsunami beginning in the third quarter, driven by low interest rates and a tremendous amount of liquidity being pumped back into the market."*



We've been handing out safety gear to our members, making sure everyone works smart during this health emergency. Here's representative Greg Hefele delivering masks to workers at Richardt Floor Covering on the job in Richmond Heights, Missouri.

ANNOUNCEMENTS

ICRA 8-Hour Refresher and 8-Hour Awareness

Eligible UBC members can now use the International Training Centers' [Learning Management System](#) to take the 8-hour ICRA refresher online (for members who have completed the 24-hour course previously).

Additionally, anyone who has not taken the 24-hour course is now able to take the 8-hour ICRA Awareness course at the same link above.

UBC members who are ICRA-trained provide much needed expertise in this crisis to ensure that proper protocol is followed and necessary containment measures are being taken.



COVID-19 Preparedness Qualification

The ITC is offering a new COVID-19 Preparedness Qualification online course that covers guidelines & procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can [access the course online](#).



Wellness Center Virtual Visits

The Carpenters Wellness Center is offering **virtual visits!**

- Primary care, sick visits, return-to-work needs
- Routine follow-up
- Chiropractic
- Physical therapy

Curbside Pharmacy:

- Prescriptions
- Over-the-counter
- Dial 314-955-9355 option 7 when you arrive



As a reminder, the Center is no longer accepting walk-ins. You **MUST** have an appointment. When you arrive, please call 314-955-9355 option 5 for curbside check-in.

The Center does not currently have COVID-19 testing. If you have concerns about COVID-19, you can speak to a nurse by calling 314-955-9355 option 6.

New Temporary Hours:

Monday-Friday: 8am - 5pm

Saturday: CLOSED

It's Not Too Late

We're living a new normal. While this new normal is temporary, the reality is that our new way of life can be isolating if we don't take safe steps to interact with others. Isolation can cause added stress, mentally, physically and financially, especially if you're out of work or have reduced hours.



Did you know walking for a period of time each day can reduce your stress levels and that joining others in a little friendly competition can help you feel less isolated? Join your peers in **Carpenters Walk It Off Walking Challenge** for a chance to win one of 20 \$100 Amazon gift cards! Challenge sign ups start now, with the challenge officially beginning May 4.

Walk It Off Walking Challenge details

[Sign up](#)

Teladoc and Mental Health

Did you know counselors and therapists at Teladoc can prescribe medication and even make recurring appointments? This allows you to develop a relationship with the provider and get the care you need, all from wherever you feel most comfortable.



Common conditions treated by **TELADOC's** Mental Healthcare providers:

- anxiety
- depression
- PTSD
- stress and work pressures
- grief
- panic disorder
- family and marriage issues
- substance abuse
- trauma resolution
- ADHD

How **TELADOC's** mental health services work, with **NO COST** to you:

1. Choose online provider
2. Schedule a virtual visit
3. Meet with a Care Provider by phone or video
4. Ongoing treatment as needed

Download the App in your phone's App store, call 1-800-DOC-CONSULT or visit **TELADOC** online.



Need to talk?
Construction COVID Safety Hotline

Kansas City **(816) 595-4164**

St. Louis **(314) 781-2356**
ext. 1050

EVENTS AND PROGRAMS

Updates

Many CRC events/fundraisers have already been cancelled. Please check the regional council's [COVID-19 update page](#), where we will post new information as it comes in.



COVID-19
(Coronavirus)

2020 CARPAC Clayshoot

Saturday June 13

Organizers of the annual clay shoot are expecting that this event will go forward, scheduled for June 13 at World Shooting Complex in Sparta, Illinois.

[Download the flyer here](#)

[Download our sign-up form here](#)

CARPAC
Southern Illinois
CLAYSHOOT
Sat. June 13



2020 Golf Tournament

Your generosity is needed now, more than ever. Help support the Carpenters Scholarship Fund by planning to attend our annual golf tournament in September.

Saturday, Sept. 12 at Forest Park

\$100 per person / \$400 per team

Brian Doerr (314) 644-4800 ext. 5248

[Download the entry form here](#)



2020 Bass Tournament

CANCELLED

Rescheduled for April 24, 2021



St. Louis CJAP Exploring Program

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate?

[Find out how to get involved.](#)



Silver Dollar City Discount

Save up to 15% on tickets to Silver Dollar City, White Water and the Branson Belle Showboat when you enter code **25421** at silverdollarcity.com/save.



COUNCIL CALENDAR

Council Events

Local Meetings

In accordance with the General Constitution, special called meetings for nomination (May) and election of Local Union Officers (June) are to be held this year. Please note, all CDC guidelines will be followed to ensure the safety of our members.

May 1
Local 1770 at 7 p.m.

May 4
Local 640 at 6:30 p.m.
Local 1008 at 7 p.m.

May 5
Local 664 at 6 p.m.

May 6
Local 1529 at 7 p.m.
Local 777 at 7 p.m.
Local 1596 at 7:30 p.m.
Local 2030 at 7:30 p.m.

May 7
Local 201 at 6 p.m.
Local 634 at 7 p.m.
Local 978 at 7 p.m.

TRAINING



ICRA

We can't afford to lose. It's that simple. The Carpenters Regional Council has the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom.



UBC LEADERSHIP

Carpenters leadership training gives our members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands of carpenters learn practical on-the-job tips. [Learn more here](#) and spread the word.

New **ICRA Best Practices in Health Care - 24 Hour Qualification** classes have been posted to carpdc.org

Please register for these classes by following the instructions for the ICRA classes in your area.

TRAINING NOTICE

For the safety of our members and staff all apprenticeship training schools are closed to students indefinitely at this time. Staff will still be available by phone or email to answer questions and provide assistance, and we will update you as things change.

We ask that apprentices, members and applicants do NOT visit our facilities at this time. Contact information for each school is available at carpdc.org.

****ONLINE TRAINING OPPORTUNITIES****

UBC ITC Online Courses

ICRA Refresher: Members may now get their 8-hour ICRA Refresher online through the CITF Learning Management System. UBC members who are trained provide much needed expertise in this crisis to ensure that proper protocol is followed and proper containment measures are being taken. Access it by [clicking here](#).

Trouble logging in? This [resource document](#) can help.

COVID-19 Preparedness Qualification: This course covers guidelines and procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can access the course by [clicking here](#).

**Please note, this course is not optimized for mobile or tablet. Desktop or laptop computers are recommended.*

***NEW* Online Computer Courses**

Because all Training Centers are currently closed for training, CJAP has added additional online training opportunities for our members. Now is a great time to refresh your safety training, advance your skills or get your upgrade.

Just added: [Assa Abloy](#) door hardware door courses!

Apprentices who complete all four IC3 (4) courses will receive 1-Unit of training for completing and passing ALL FOUR courses in this recommended order 1) Computing Fundamentals, 2) Living Online 3) Word, 4) Excel.

Visit carpdc.org for more information and how to sign up for these online classes.

AdvanceOnline Training Courses

Free AdvanceOnline Training includes the following bundled courses:

- OSHA Focus Four and Electrical Hazards
- OSHA – Exposures to Health Hazards
- OSHA – Managing Safety & Health and Fall Hazards
- OSHA – Introduction and Material Handling Hazards
- OSHA – Preparedness and Response to Hazards
- All Bundles listed above

For more information or to sign up, visit carpdc.org.

AdvanceOnline OSHA-10 and OSHA-30

Check out the details on carpdc.org and sign up for this online OSHA training. This training is free as long as it is successfully completed.

All AdvanceOnline Training Course questions should be directed to AdvanceOnline Customer Service as outlined on our website.

