

Aug 1, 2019



## In This Issue:

### NEWS

#### The UBC Wants to Hear from You

As a member of the UBC, you're part of a 500,000-person brotherhood that's made up of members from all over the US and Canada, representing every color and creed. Yet we all share a commitment to craftsmanship and a deep belief that we're stronger together.

[The UBC wants to hear your story](#). Click here to let them know how you found your way to carpentry and why you stay. Responses may be shared anonymously.



#### STL.Works

STL.works is a new resource for learning about all the benefits of skilled careers, the different paths available, and the resources in St. Louis. The portal was launched by the Regional Business Council and the St. Louis Civic Pride Foundation to promote a skilled, diverse workforce.

**stl.works**





**Washington, Mo.** -- Members of Local 1839 took part in the annual Washington Fair Parade on Sunday. The festival will be this weekend, and Carpenter members will be on hand to man our booth. If you're in town, stop by!

## ANNOUNCEMENTS

### Local 1127 Golf Tournament

**Aug. 18, 2019**

Minor Park Golf Course  
Kansas City, MO

**Come have fun & help us raise money for the Carpenters Scholarship Fund!**

**Details here** (or contact Jason Barkley: (816) 813-5258 [jasonbarkley55@yahoo.com](mailto:jasonbarkley55@yahoo.com))



### Carpenters Wellness Center Opening Soon

**We are excited to announce that Carpenters Wellness Center will begin taking patients on Wednesday, September 11!**

The Wellness Center **Appointment Line opens up on Monday, August 19**. Watch for an email on August 18 with the Appointment Line phone number so you can call and make your appointment(s) beginning September 11.

#### **MEET YOUR DOCTORS!**

Meet more team members each week as we draw closer to our opening date! And remember, the St. Louis Health Fair will include tours of the new Wellness Center. The Care Team will all be there, ready to meet you and your families while on your tour!

## Your Care Team

### Julia Craig, FNP

Practice Manager



Julia earned a Master degree and Family Nurse Practitioner in 2011, while working at Saint Louis Hospital med-surg and ICU.

- Julia Craig earned her bachelors degree in Health Management – Health Promotion from Southeast Missouri State University before going to Saint Louis University's accelerated option BSN in 2007.
- After working 7 years in Transplant Surgery, Julia is excited to get back to her health promotion interests at the Carpenters Wellness Center
- When not at work she is entertained for endless hours as a sports mom to 2 boys and a coach's wife. If there is free time she enjoys walking with her 2 dogs and being outdoors.



## Your Care Team

### Kimberly Patton, DC

Chiropractor



Dr. Kimberly Patton is a third-generation chiropractor and acupuncturist. She graduated from Logan College of Chiropractic in April 2001 and has been in private practice since graduation.

- Kim's approach combines healthcare principles from Eastern and Western medicine and she utilizes light force adjusting methods that are safe, comfortable, and cutting-edge.
- Dr. Patton is passionate about educating patients on how the body works and more importantly how the body heals and the role that the patient has in that process. Her areas of focus are neck pain, low back pain, headaches, and extremity pain.
- Outside of practice, Dr. Patton loves to cook, spend time with her husband Shawn, who is also a chiropractor, and their children Bodie, Kayla, and Ava.



## Local 945 / 1925 Clay Shoot

Oct 5  
River Hills Sporting Clays  
Booneville, MO  
\$90-per person  
\$350-per team

[Details here](#)



## St. Louis CJAP Exploring Program

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a

career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate?

[Find out how to get involved.](#)



## SOLD OUT

### Carpenters Annual Golf Tournament

There are no longer spots available for the Sept. 7 golf tournament at Forest Park.

Thank you to everyone for their support!



## 24/7 Access to Doctors

### Did you know?

You already have **Teladoc** as part of your benefits. Teladoc's U.S. board-certified doctors can diagnose, treat, and even prescribe medicine, if needed, for a wide range of medical needs, including the flu, allergies, rash, upset stomach and much more.

Using Teladoc is super easy.

1. **Create Account.** Download the app or visit [MyDrConsult.com](http://MyDrConsult.com).
2. **Request a Visit.** Use your device to request a visit and a Teladoc doctor will contact you at the requested time.
3. **Feel Better.** Your doctor will diagnose your symptoms and even prescribe medicine if needed.



Prefer to use the phone? Call **1.800.DOC.CONSULT (362.2667)** and a Teladoc doctor will return your call.

## Health Fairs Are Coming...Superhero Style! Sign-Ups Now Available

[Find out more about our health fair opportunities on our website.](#)

### Kansas City Health Fair Saturday, September 21, 8a - 12p

*Health Fair participants only: See renderings of the new Kansas City Carpenters Wellness Center, breaking ground in Kansas City in October 2019!*

*Health Fair will be followed by the Kansas City Local Picnic*

### Sign Up for the Kansas City Health Fair

The DIC-KC mammogram van will be in Kansas City on November 22. To schedule a mammogram on the Kansas City van now, call 816.444.9989.

### St. Louis Health Fair Saturday, September 28, 8a - 12p

*Health Fair participants only: Includes Wellness Center Grand Opening and tours*

### Sign Up for the St. Louis Health Fair

To make an appointment for the mammogram van in St. Louis for September 24 or 28, call Siteman Mobile Mammography scheduling at 800.600.3606.



## Help Wanted

Looking for a career with a stable and growing company? Join Overhead Door Company of St. Louis, a progressive company with over 90 years of experience providing top-notch customer service and training for the best installers in the industry. For more information please call **800-507-0023**.

Overhead Door Company of St. Louis, a DH Pace Company, is currently looking for Residential Door Installers. [More Info Here](#)



## Refer a Friend, Win \$200!

Allen Roofing is hiring roofers! If you refer a friend who gets hired, you'll get rewarded with \$200 from the Council after they complete 30 work days on the job.

Have a question? Contact Keith Taylor by calling (314) 393-5847 or emailing [kotaylor@carpdc.org](mailto:kotaylor@carpdc.org).



## Summer Discounts

It's that time of year again! Log on to [carpdc.org](http://carpdc.org) (under the Member Discounts page) and download your cost-saving coupons to fun summer attractions, including Six Flags and Silver Dollar City.



## Last Chance for Carpenters' Day at the Ballpark Tickets!

### Kansas City Royals Fans

The **Kansas City Royals Carpenters Day at the K** is officially on the calendar!

Royals' Game day: Sunday, September 1 @ 1:15 pm

Ticket price: \$34  
Sections 212, 213

Tickets for this game are available by calling the Kansas City Carpenters Council office at 816.931.3414.



### St. Louis Cardinals Fans

The St. Louis Cardinals **Carpenters Day at the Ballpark** are still available online - get them early to get the best seats possible for your group.

Cardinals' Game Day: Labor Day, Monday, September 2, 1:15 pm

\$30 ticket cost includes 2 hours of unlimited buffet, Coke products and, for those over 21, Budweiser and Bud Light beer service.

To purchase your tickets or for more information, login to Member Discounts on [carpdc.org](http://carpdc.org) or call Carpenters' Member Services at 877.232.3863, option 1..



## COUNCIL CALENDAR

### Council Events

#### Local Meetings

**Aug 5**

Locals 640, 1008

**Aug. 6**

Local 664

**Aug. 7**

Locals 777, 1529, 1596, 2030

**Aug 8**

Locals 945, 2214

## TRAINING



### ICRA

We can't afford to lose. It's that simple. The Carpenters Regional Council has the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom. [info@carpdc.org](mailto:info@carpdc.org).

New ICRA Best Practices in Health Care - 24 Hour Qualification classes have been posted to [carpdc.org](http://carpdc.org)



### UBC LEADERSHIP

Carpenters leadership training gives our members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands of carpenters learn practical on-the-job tips. [Learn more here](#) and spread the word.

Please register for these classes by following the instructions for the ICRA classes in your area.

## AVAILABLE TRAINING CLASSES

On May 1, 2017, the new Safety Training Requirement changes went into effect. On May 1, 2019, we will enter the third year since the changes. This is a reminder to check your "Safety Training" "Met Through Date" on your [carpdc.org](http://carpdc.org) account.

If you have not taken any Safety or Technical training since May 1, 2017, as of May 1, 2020, you will "Not Have Met" your training requirement per the guidelines of our collective bargaining agreement. **Please refer to the "Around the CRC" weekly update and [carpdc.org](http://carpdc.org) for training class schedules and locations.**

Thank you for maintaining your Safety Training Requirement and continuing to be the most productive, highest quality and safest workers in the construction industry.

### Walk-On Safety Classes St. Louis [Aug schedule](#)

To register for these classes, please call 314.644.4802, ext. 4

### New OSHA 30 Construction Class Starts Sat. Sep 14, 2019

7:00 AM to 3:30 PM

Sat. 9/14/19; Sat. 10/12/19; Sat. 11/9/19; Sat. 12/14/19

*Location & Directions:*

*St. Louis Carpenters Training Center  
8300 Valcour Ave St. Louis, MO 63123*

*Park in the rear parking lot and enter through Door #10  
CRC Safety Classroom*

*OSHA requires at least three participants for this class to run.*

*To register, please call (314) 644-4802 ext. 4*

### OSHA 30 Construction Class

7:00 AM to 3:30 PM

Sat. 8/10/19

*Location & Directions:*

*St. Louis Carpenters Training Center  
8300 Valcour Ave St. Louis, MO 63123*

*Park in the rear parking lot and enter through Door #10  
CRC Safety Classroom*

*OSHA requires at least three participants for this class to run. To register, please call (314) 644-4802 ext. 4*

### OSHA Silica Awareness Course

The purpose of this course is to educate carpenters on OSHA's Crystalline Silica Standard and to provide an understanding of proper ways to limit exposure.

[Registration form](#)

### Kansas City Builders Association

[July thru December 2019 Safety Class Schedule](#)

### Skilled Trades Associate of Applied Science Degree

Check out the [Completion Guide](#)

### Southeast Missouri CJAP Training

[Upcoming training course schedule](#)

### AGC MO Safety Course Schedule

[Upcoming AGC course schedule](#)

### Local 32 Safety Training

[Local 32's safety training course schedule](#)

### Welding Shop Hours

[New Shop Hours](#)

