

Oct. 3, 2019



## In This Issue:

### NEWS

#### The Kids are Alright

Working in today's construction industry means working with new technologies. It's the reason why Missouri officials are actively **going after younger workers** to fill the abundance of trade jobs. *"A lot of new equipment take a new sort of intelligence to work on them. It's not just a wrench anymore."*



#### Off Balance

The gap between the haves and have-nots grew last year to its highest level in more than 50 years, **according to Census Bureau figures**. The nation's Gini Index, which measures income inequality, has been rising steadily over the past five decades. Organized labor is seen as one of the most effective ways to combat the wealth gap by making sure workers receive fair and equitable pay.



#### No Way

On track to become the new secretary of labor, Eugene Scalia is facing the fury of union workers appalled by his record of public service. *From threatening to decimate workers' retirement savings to opposing health care expansion, Scalia has a long track record of bashing workers.* An [online petition](#) has been started to reject Scalia's nomination. Take a moment to take a stand.



Our Kansas City office hosted an afternoon with nationally-recognized author and speaker Mark Breslin. More than 200 attended the leadership talk sponsored by the Signatory Wall and Ceiling Contractors Assoc.



**Hands On:** We're showing off our virtual welder this week at the annual Construction Career Expo in Du Quoin, Illinois. Students and parents get a chance to talk with us, find out about construction careers and how to join the trade.





Representatives Ray Schwegmann and Kurt Poepsel spend lunch with maintenance workers at Six Flags in Eureka. Dozens of our carpenters work year-round at the amusement park keeping the 300-acre attraction in tip-top shape.



## Thank you, Superheroes!

Thank you to all of our members who had some **superhero fun** and attended our St. Louis Health Fair last weekend!

For photos of both our SUPER health fairs in KC and STL, [check out our Facebook page](#).



**Biometric Screening participants:** It will take about 4 weeks for your results to show up in your mailboxes! Watch for a large envelope from Healics! When you receive your packet, please be sure to make your follow up appointment with your primary care physician to go over your results. Now, THAT'S superhero business.

## ANNOUNCEMENTS

### Welcome New Contractor

Our contracting partners in Missouri, Illinois and Kansas make us who we are. We're happy to welcome A1 Dock & Door of St. Charles, MO to the Carpenters family!



### Local 57 Mouse Races

Oct. 4  
7pm

Andre's Banquet Facility  
4254 Telegraph Road  
\$30 per person  
Open Bar / Dinner / 50-50 Drawings

[Reserve Your Spot Here](#)



### Local 945 / 1925 Clay Shoot

**\*ATTENTION - New Location\***

Oct 5

**NEW LOCATION:**  
1420 Country Rd 276  
Columbia, MO 65202



\$90-per person  
\$350-per team

[Details here](#)

## Teladoc: Living Your Best Life



### When change becomes a challenge, therapy can help



When life's moving along just fine, the last thing children want is a big transition to throw them off their game. A major change in schedules, grades, or schools could leave them stuck between a chapter they haven't quite closed and one they're not sure how to open. This period can overwhelm youngsters with stress, anxiety, loneliness, fear, and even grief.

"Transitions can be difficult for children and parents to navigate," says Senior Teladoc Consultant and Psychiatrist Dr. Aron Wolf. "A therapist can help parents develop strategies to ease the challenges and also share tips to help everyone in the family adjust to new situations."

Take advantage of counseling for tips on guiding your child toward a confident outlook during a temporary situation. Set up your confidential visit with a Teladoc therapist today.

**Licensed therapist cost: only \$0 per visit**

**Psychiatrist cost: \$0 per first visit and \$0 per ongoing visits**

[Schedule your visit](#)

## Carpenters Wellness Center NOW OPEN!

[Call now to visit our new facility.](#)

**314.955.WELL (9355)**



**Carpenters**  
Wellness Center  
operated by Cerner

The Cerner Care model is for patients (our members) to spend as little time as possible in the waiting room and a good length of time with the physician. Your physician will get to know you, your family, to celebrate your milestones and work with you when you need extra help. Having multiple services in-house at the Wellness Center allows for the physician to refer to trusted care providers when necessary.

### MEET YOUR CERNER CARE TEAM MEMBERS!

Continue to meet the team members who are so excited to serve you each week!

Don't forget! The St. Louis Health Fair will include tours of the new Wellness Center. The Care Team will all be there, ready to meet you and your families while on your tour!





## Jerica Badger, NRCMA

*Medical Assistant*

**Jerica graduated from Wellspring School of Allied Health, earning her certification to become a Nationally Registered Certified Medical Assistant**

- She's worked in the medical field for 5 years, caring for patients in primary and urgent care facilities.
- Jerica worked at Marathon Health where she continued her Medical Assistant career by serving the Shawnee Mission School District employees. A promotion arose for her spouse; which led them on an adventure to St. Louis in July 2019.
- She also enjoys being a dog mom to an 80lb Mastiff-Oz; named after her favorite movie. Once a year, she travels to a new country to experience other cultures and advance her scuba diving certification.



**Carpenters**  
Wellness Center  
operated by C-Team



## Erin Perez, IIN HWC

*Health Coach*

**Erin Perez received her health coaching certification from the Institute for Integrative Nutrition, where she received in-depth training in nutrition, health and wellness, coaching skills, and business development.**

- Erin has more than five years' experience in the field of corporate wellness in the construction trades, she has worked for the Carpenters Benefit Plans since 2015. She has been a strong leader in the Plan's wellness initiatives.
- She is a firm believer in the whole body approach to wellness and preventing, even reversing, illness, helping others to become the healthiest, happiest and most confident selves possible.
- Erin fell in love with sports and fitness at a young age and she feels it shaped her life. Her experience as a devoted wife, mother and caregiver for aging family members has helped diversify her audience.
- Erin has a unique passion for people of all ages, which gives her an advantage when helping anyone at any stage of life.



**Carpenters**  
Wellness Center  
operated by C-Team

### St. Louis CJAP Exploring Program

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate?

[Find out how to get involved.](#)



**SKILLED TRADES**

**EXPLORING**

### Help Wanted

Looking for a career with a stable and growing company? Join Overhead Door Company of St.

Louis, a progressive company with over 90 years of experience providing top-notch customer service and training for the best installers in the industry. For more information please call **800-507-0023**.

Overhead Door Company of St. Louis, a DH Pace Company, is currently looking for Residential Door Installers. [More Info Here](#)



## Refer a Friend, Win \$200!

Allen Roofing is hiring roofers! If you refer a friend who gets hired, you'll get rewarded with \$200 from the Council after they complete 30 work days on the job.

Have a question? Contact Keith Taylor by calling (314) 393-5847 or emailing [kotaylor@carpdc.org](mailto:kotaylor@carpdc.org).



## COUNCIL CALENDAR

### Council Events Monthly Council Meeting Oct. 8 @ 7pm

### Local Meetings

**Oct 7**  
Local 640, 1008

**Oct. 9**  
Locals 638, 1127, 1445, 1925

**Oct 10**  
Locals 945, 2214

## TRAINING



### ICRA

We can't afford to lose. It's that simple. The Carpenters Regional Council has



### UBC LEADERSHIP

Carpenters leadership training gives our members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands



the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom.

[info@carpdc.org](mailto:info@carpdc.org).

New **ICRA Best Practices in Health Care - 24 Hour Qualification** classes have been posted to [carpdc.org](http://carpdc.org)

Please register for these classes by following the instructions for the ICRA classes in your area.

of carpenters learn practical on-the-job tips. [Learn more here](#) and spread the word.

## AVAILABLE TRAINING CLASSES

On May 1, 2017, the new Safety Training Requirement changes went into effect. On May 1, 2019, we will enter the third year since the changes. This is a reminder to check your "Safety Training" "Met Through Date" on your [carpdc.org](http://carpdc.org) account.

If you have not taken any Safety or Technical training since May 1, 2017, as of May 1, 2020, you will "Not Have Met" your training requirement per the guidelines of our collective bargaining agreement.

**Please refer to the "Around the CRC" weekly update and [carpdc.org](http://carpdc.org) for training class schedules and locations.**

Thank you for maintaining your Safety Training Requirement and continuing to be the most productive, highest quality and safest workers in the construction industry.

### **Walk-On Safety Classes St. Louis** **October Schedule**

To register for these classes, please call 314.644.4802, ext. 4

### **New OSHA 30 Construction Class**

7:00 AM to 3:30 PM

Sat. 10/12/19; Sat. 11/9/19; Sat. 12/14/19

*Location & Directions:*

*St. Louis Carpenters Training Center*

*8300 Valcour Ave St. Louis, MO 63123*

*Park in the rear parking lot and enter through Door #10*

*CRC Safety Classroom*

*OSHA requires at least three participants for this class to run.*

*To register, please call (314) 644-4802 ext. 4*

### **OSHA Silica Awareness Course**

The purpose of this course is to educate carpenters on OSHA's Crystalline Silica Standard and to provide an understanding of proper ways to limit exposure.

[Registration form](#)

### **Kansas City Builders Association**

[July thru December 2019 Safety Class Schedule](#)

### **Skilled Trades Associate of Applied Science Degree**

Check out the [Completion Guide](#)

### **Southeast Missouri CJAP Training**

[Upcoming training course schedule](#)

### **AGC MO Safety Course Schedule**

[Upcoming AGC course schedule](#)

## Local 32 Safety Training

[Local 32's safety training course schedule](#)

## Welding Shop Hours

[New Shop Hours](#)

Carpenters Regional Council

800.332.7188

[cardpc.org](http://cardpc.org)