

Feb. 13, 2020



In This Issue:

ANNOUNCEMENTS

Fighting High Blood Pressure

At the Carpenters Wellness Center, we're seeing a high number of patients being diagnosed with hypertension, or high blood pressure.

Check out [this article](#) about how to manage and reduce your blood pressure by Dr. Tina Trost, Wellness Center physician.



Carpenters
Wellness Center

operated by  Cerner

Teladoc Talks: The Latest on the Coronavirus & The Winter Blues

Just what is the coronavirus and are you at risk of catching it? Learn more about this respiratory illness and read the tips to keep you and your loved ones healthy.

[Learn about coronavirus](#)

Some say the winter months are the gloomiest time of the year.

The cruel combo of holiday debt, less sunlight, and failed New Year's resolutions can make us feel down. For some, sadness doesn't depend on the calendar and can happen at any time of year.



"Loneliness, sadness, and feeling overwhelmed are major risk factors for depression this time of year, but aren't limited to any one day, week, or month," explains Dr. Aron Wolf, board-certified psychiatry specialist with more than 55 years of experience in the field. "But happy days are within reach. At Teladoc, our responsive therapists are at your service all year long."

[Tips to battle the blues](#) | [Schedule your session](#)

Journey-level Cabinetmakers Needed

Know any journey-level cabinet makers looking for work?

Please contact Brian Doerr: 314-269-5248.



Law of the Land: With local labor leaders looking on, St. Louis Mayor Lyda Krewson signs the city's new prevailing wage law, which ensures workers on large project receiving public money will get paid a fair and decent wage.



Welcome: Amanda Smith, Warren Coburn and Dominic Simms have completed the KCI Workforce Training and are now working as carpenters on the new billion dollar airport project underway in Kansas City.



Career Connections: Southern Illinois CJAP Coordinator Alex Gromada and Carpenters Outreach Specialist RJ Catizon spoke today at the Illinois Association for Career and Technical Education about our Career Connections curriculum. We've worked to get the carpentry curriculum in more than 100 schools in the Council area.

Well Done

Power UP Electrical Contractors has been awarded the 2019 IEC-CNA Safety Award at the Independent Electrical Contractors (IEC) national convention in St. Louis. One of the Carpenters valued contracting partners, Power UP competed against IEC electrical companies nationwide in the category of 51-125 employees. Congratulations to Power Up for a job well done!



New Blood

In southwest Missouri, **2,000 high school students** are expected for the fourth annual Build My Future event on April 8 at the Ozark Empire Fairgrounds. Build My Future, which the Carpenters has been proud to support, opens the door to construction and trade jobs for high schoolers not interested in an expensive four-year college degree.



Wish List

The U.S. House has passed the **Protecting the Right to Organize Act**, also known as the "PRO Act". The legislation, passed mostly along party lines, would provide sweeping changes that would help unions to organize employees and permit the NLRB to impose penalties on companies who retaliate. PRO Act is seen as a "wish list" for everything unions would like, but has also been called unrealistic with little chance for final passage in Congress.



Representation

The **Missouri Democratic Party** is joining the growing list of American workers wanting union representation. Staffers at the MDP officially submitted a demand for union recognition last week, something party leaders support. *"We believe that unionizing as staff of MDP helps strengthen our party and build a brighter future for Missouri Democrats."*



EVENTS AND PROGRAMS

2020 Mouse Races

Mark your calendar for our social event of the year !

Sat., February 29 (advance tickets only)
Carpenters Hall, St. Louis
Call Robin @ (314) 644-4800, or 1-800-332-7188 ext. 5250

[Download the flier here.](#)



2020 Home Show

March 5 - 8

One of the largest home shows in North America, the Home & Garden Show gives area consumers a chance to see, learn about and buy the latest home products and services from nearly 400 exhibitors under one roof.

[More Info Here >](#)



March 5-8, 2020 • America's Center

Local 1310 Poker Tournament

Sat. March 21

Carpenters Hall, St. Louis

Doors open @ 7pm

\$35 at the door (\$30 in advance)

\$25 retirees

[Download the flier here.](#)



Local 1127 4th Annual Poker Tournament

Sat. February 29

Carpenters Hall, Kansas City, MO

Doors open @ 4:30

[Download the flier here.](#)



2020 Bass Tournament

Saturday May 2

Lake of the Ozarks

A great weekend of fun & fish !

[Download entry form here.](#)



St. Louis CJAP Exploring Program

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate?

[Find out how to get involved.](#)



Silver Dollar City Discount

Save up to 15% on tickets to Silver Dollar City, White Water and the Branson Belle Showboat when you enter code **25421** at silverdollarcity.com/save.



COUNCIL CALENDAR

Council Events

Local Meetings

Feb. 17

Local 918

Feb. 18

Locals 97, 662

Feb. 19

Locals 32, 92, 315, 1839

Feb. 20

Locals 110, 311, 716

Feb. 21

Local 2298

TRAINING



ICRA

We can't afford to lose. It's that simple. The Carpenters Regional Council has the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom.

info@carpdc.org.



UBC LEADERSHIP

Carpenters leadership training gives our members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands of carpenters learn practical on-the-job tips. [Learn more here](#) and spread the word.

New ICRA Best Practices in Health Care - 24 Hour Qualification classes have been posted to carpdc.org

Please register for these classes by following the instructions for the ICRA classes in your area.

AVAILABLE TRAINING CLASSES

On May 1, 2017, the new Safety Training Requirement changes went into effect. On May 1, 2019, we will enter the third year since the changes. This is a reminder to check your "Safety Training" "Met Through Date" on your carpdc.org account.

If you have not taken any Safety or Technical training since May 1, 2017, as of May 1, 2020, you will "Not Have Met" your training requirement per the guidelines of our collective bargaining agreement.

Please refer to the "Around the CRC" weekly update and carpdc.org for training class schedules and locations.

Thank you for maintaining your Safety Training Requirement and continuing to be the most productive, highest quality and safest workers in the construction industry.

Walk-On Safety Classes St. Louis

February Schedule

To register for these classes, please call 314.644.4800, ext. 5227

Current OSHA 30 Construction Class In Session Now

Saturdays 3/14/20 and 4/11/20

Location & Directions:

St. Louis Carpenters Training Center

8300 Valcour Ave St. Louis, MO 63123

Park in the rear parking lot and enter through Door #10

CRC Safety Classroom

OSHA requires at least three participants for this class to run.

To register, please call (314) 644-4800 ext. 5227

OSHA Silica Awareness Course

The purpose of this course is to educate carpenters on OSHA's Crystalline Silica Standard and to provide an understanding of proper ways to limit exposure.

[Registration form](#)

Kansas City Builders Association

[January thru June 2020 Safety Class Schedule](#)

Skilled Trades Associate of Applied Science Degree

Check out the [Completion Guide](#)

AGC MO Safety Course Schedule

[Upcoming AGC course schedule](#)

Local 32 Safety Training

[Local 32's safety training course schedule](#)

Welding Shop Hours

[New Shop Hours](#)