

April 23, 2020



In This Issue:

NEWS

Staying Ahead

For contractors, [staying ahead of this current crisis](#) could make the difference between their businesses surviving or going under. Things to do now and in the months ahead include forging new industry relationships, keeping a tighter watch on expenses and embracing new technologies.



The Right Time

Some are convinced that America is about to witness a huge push to unionize. Because of COVID-19, often ignored workers are suddenly wielding greater [power and leverage on the job](#). The question is: what comes next? *"Do companies face a future of vocal workers aiming to rebuild lost decades of wage increases and regained influence?"*



New Normal

If every cloud has a silver lining, [safer job sites](#) will be the silver lining of the coronavirus. *"Management of personnel, safety precautions, and access to information in real-time is now a requirement and no longer just a nice-to-have."*



Heroes

The daughter of one of our Local 1181 members shared her thoughts on how proud she is that her dad is performing essential work in this crucial time. [Read her thoughtful essay here](#)

Have a story you'd like to share? Email us!
communication@carpdc.org



Help Wanted

The Springfield, MO area needs Metal Stud Framers & Drywall personnel for PCI Contracting.
Contact Dan Montgomery, Business Representative: 417-316-0057



ANNOUNCEMENTS

ICRA 8-Hour Refresher and 8-Hour Awareness

Eligible UBC members can now use the International Training Centers' [Learning Management System](#) to take the 8-hour ICRA refresher online (for members who have completed the 24-hour course previously).

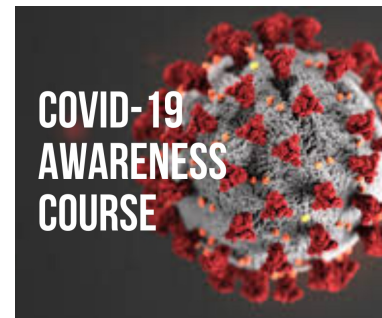
Additionally, anyone who has not taken the 24-hour course is now able to take the 8-hour ICRA Awareness course at the same link above.

UBC members who are ICRA-trained provide much needed expertise in this crisis to ensure that proper protocol is followed and necessary containment measures are being taken.



COVID-19 Preparedness Qualification

The ITC is offering a new COVID-19 Preparedness Qualification online course that covers guidelines & procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can [access the course online](#).



Wellness Center Virtual Visits

The Carpenters Wellness Center is offering **virtual visits!**

- Primary care, sick visits, return-to-work needs
- Routine follow-up
- Chiropractic
- Physical therapy

Curbside Pharmacy:

- Prescriptions
- Over-the-counter
- Dial 314-955-9355 option 7 when you arrive

As a reminder, the Center is no longer accepting walk-ins. You **MUST** have an appointment. When you arrive, please call 314-955-9355 option 5 for curbside check-in.

The Center does not currently have COVID-19 testing. If you have concerns about COVID-19, you can speak to a nurse by calling 314-955-9355 option 6.



New Temporary Hours:
Monday-Friday: 8am - 5pm
Saturday: CLOSED

Walk It Off For a Chance to Win

We're living a new normal. While this new normal is temporary, the reality is that our new way of life can be a bit isolating if we don't take safe steps to interact with others. Isolation can cause added stress, mentally, physically and financially, especially if you're out of work or have reduced hours.



Did you know walking for a period of time each day can reduce your stress levels and that joining others in a little friendly competition can help you feel less isolated? Join your peers in **Carpenters Walk It Off Walking Challenge** for a chance to win one of 20 \$100 Amazon gift cards! Challenge sign ups start now, with the challenge officially beginning May 4.

Walk It Off Walking Challenge details

Sign up

Teladoc and Mental Health

Did you know counselors and therapists at Teladoc can prescribe medication and even make recurring appointments? This allows you to develop a relationship with the provider and get the care you need, all from wherever you feel most comfortable.



Common conditions treated by **TELADOC's** Mental Healthcare providers:

- anxiety
- depression
- PTSD
- stress and work pressures
- grief
- panic disorder
- family and marriage issues
- substance abuse
- trauma resolution
- ADHD

How TELADOC's mental health services work, with NO COST to you:

1. Choose online provider
2. Schedule a virtual visit
3. Meet with a Care Provider by phone or video
4. Ongoing treatment as needed

Download the App in your phone's App store, call 1-800-DOC-CONSULT or visit **TELADOC** online.



Need to talk?

Construction COVID Safety Hotline

Kansas City **(816) 595-4164**

St. Louis **(314) 781-2356**
ext. 1050

EVENTS AND PROGRAMS

Updates

Many CRC events/fundraisers have already been cancelled. Please check the regional council's [COVID-19 update page](#), where we will post new information as it comes in.



COVID-19
(Coronavirus)

2020 Golf Tournament

Your generosity is needed now, more than ever. Help support the Carpenters Scholarship Fund by planning to attend our annual golf tournament in September.

Saturday, Sept. 12 at Forest Park

\$100 per person / \$400 per team
Brian Doerr (314) 644-4800 ext. 5248

[Download the entry form here](#)



2020 CARPAC Clayshoot

Saturday June 13

As of now, the annual southern Illinois CARPAC Clayshoot is still scheduled.

Organizers will assess the situation at the end of April. Check back here for future information.

CARPAC
Southern Illinois
CLAYSHOOT
Sat. June 13



2020 Bass Tournament

CANCELLED

Rescheduled for April 24, 2021



St. Louis CJAP Exploring Program

The Carpenters' Joint Apprenticeship Program is working with the Exploring Program of the Greater St. Louis Area Council, Boy Scouts of America to start a workforce development program. This program will expose high school students to the skills and great opportunities that a career in carpentry provides.

Interested in more information in leadership or have a high school youth who wants to participate?

[Find out how to get involved.](#)



Silver Dollar City Discount

Save up to 15% on tickets to Silver Dollar City, White Water and the Branson Belle Showboat when you enter code **25421** at silverdollarcity.com/save.



COUNCIL CALENDAR

Council Events

Local Meetings

In accordance with the General Constitution, special called meetings for nomination (May) and election of Local Union Officers (June) are to be held this year. Please note, all CDC guidelines will be followed to ensure the safety of our members.

Local 1770
May 1 at 7 p.m.

TRAINING



UBC LEADERSHIP

Carpenters leadership training gives our



ICRA TRAINING

ICRA

We can't afford to lose. It's that simple. The Carpenters Regional Council has the ability to train its members with a skill no one else has - yet. Our union is leading the way developing new innovative training and techniques that teach our membership how to reduce contamination while working on expansion and renovation projects in busy hospitals and other healthcare facilities. Become a part of the growing healthcare construction boom.

info@carpdc.org.

New **ICRA Best Practices in Health Care - 24 Hour Qualification** classes have been posted to carpdc.org

Please register for these classes by following the instructions for the ICRA classes in your area.

members the communications, coaching and mentoring skills we need to carry our union into the future. Held at the UBC's International Training Center in Las Vegas, these comprehensive courses have already helped thousands of carpenters learn practical on-the-job tips. [Learn more here](#) and spread the word.

TRAINING NOTICE

For the safety of our members and staff all apprenticeship training schools are closed to students indefinitely at this time. Staff will still be available by phone or email to answer questions and provide assistance, and we will update you as things change.

We ask that apprentices, members and applicants do NOT visit our facilities at this time. Contact information for each school is available at carpdc.org.

****ONLINE TRAINING OPPORTUNITIES****

UBC ITC Online Courses

ICRA Refresher: Members may now get their 8-hour ICRA Refresher online through the CITF Learning Management System. UBC members who are trained provide much needed expertise in this crisis to ensure that proper protocol is followed and proper containment measures are being taken. Access it by [clicking here](#).

Trouble logging in? This [resource document](#) can help.

COVID-19 Preparedness Qualification: This course covers guidelines and procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can access the course by [clicking here](#).

**Please note, this course is not optimized for mobile or tablet. Desktop or laptop computers are recommended.*

***NEW* Online Computer Courses**

Because all Training Centers are currently closed for training, CJAP has added additional online training opportunities for our members. Now is a great time to refresh your safety training, advance your skills or get your upgrade.

Just added: [Assa Abloy](#) door hardware door courses!

Apprentices who complete all four IC3 (4) courses will receive 1-Unit of training for completing and passing ALL FOUR courses in this recommended order 1) Computing Fundamentals, 2) Living Online 3) Word, 4) Excel.

Visit carpdc.org for more information and how to sign up for these online classes.

AdvanceOnline Training Courses

Free AdvanceOnline Training includes the following bundled courses:

- OSHA Focus Four and Electrical Hazards
- OSHA – Exposures to Health Hazards
- OSHA – Managing Safety & Health and Fall Hazards
- OSHA – Introduction and Material Handling Hazards
- OSHA – Preparedness and Response to Hazards
- All Bundles listed above

For more information or to sign up, visit carpdc.org.

AdvanceOnline OSHA-10 and OSHA-30

Check out the details on [carpdc](http://carpdc.org) and sign up for this online OSHA training. This training is free as long as it is successfully completed.

All AdvanceOnline Training Course questions should be directed to AdvanceOnline Customer Service as outlined on our website.

Carpenters Regional Council

800.332.7188

carpdc.org