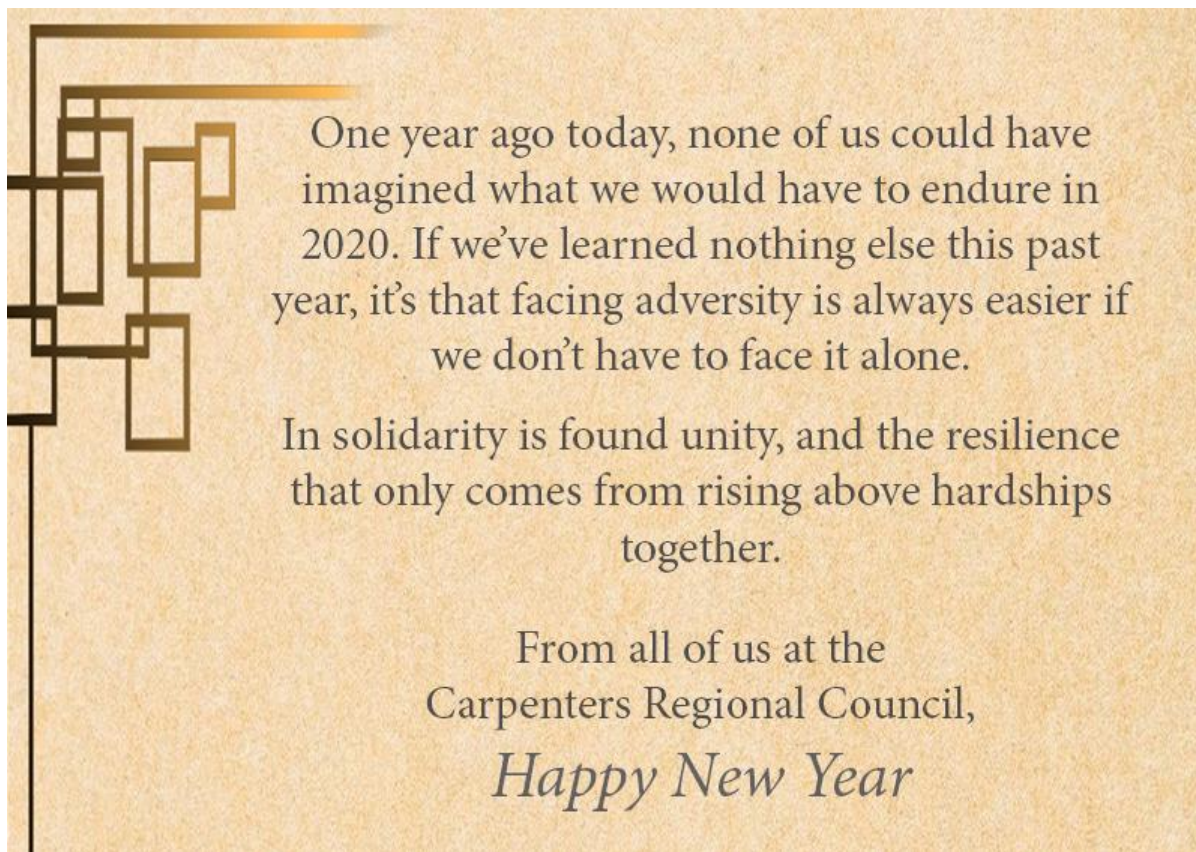


December 31, 2020



## In This Issue:

NEWS



## Crusade

As 2020 mercifully comes to an end, we have some very good news to report. A years-long crusade to get pension relief legislation passed in Congress has finally come to fruition for **members of our regional council**.



## On the List

While no one knows how long it will take for the industry to fully recover, several cities are **poised to see growth** as construction businesses settle into a new post-COVID reality. Experts say St. Louis will be among the very best places to find construction work.



## Shop First

When it comes to healthcare spending, we often treat all facilities and physicians alike. But why?

When you shop and compare pricing for the product you want before you buy it, you will most often choose the best price. You can also do this with healthcare visits, procedures and physicians. Learn the difference.

## What's in your Wallet?





We're working hard to track all the construction jobs within our council. With your help we can expand our opportunities for members to go to work. When you become aware of an upcoming project or see any project starting (union or non-union) let us know by calling **(314) 644-7225**. If it's going on in Kansas, Missouri or southern Illinois, we want to know about it!

## ANNOUNCEMENTS

### Bass Tournament

**Saturday, April 24, 2021**

Lake of the Ozarks

Cash prizes!

Entry fee: \$150 per boat (includes Big Bass)

\*Download entry form **HERE**



### Mouse Races Canceled

In the interest of everyone's health and safety, we have decided to cancel the 2021 mouse races. This is a major annual fundraiser for the CRC scholarship fund, and we hope you will join us next time - **Sat. February 19, 2022**. Have a safe & healthy new year!



### Cigna Coverage begins tomorrow

Cigna coverage begins 1/1/2021 for all non-Medicare participants covered under the health plan. You should have received your Cigna Welcome packets and your new health plan ID cards by this time.



Please begin using your new ID cards on 1/1/2021 and refer to the Cigna Welcome packet for information on your coverage with Cigna.

If you do not receive your new cards by 1/1/2021, please call Carpenters' Member Services at 877.232.3863, #1.

## Holiday Hours

'Tis the season! To allow our amazing Wellness Center staff to spend the holidays with their loved ones, **Carpenters Wellness Center** will operate under the following holiday schedule:

December 31: Closing early at 4 pm  
January 1 & January 2: CLOSED

Remember, Carpenters Wellness Center's normal hours of operation are Monday - Friday, 8am - 7pm and Saturday, 8am - 2 pm.  
Call 314.955. WELL (9355) to schedule your appointment.



## ICRA 8-Hour Refresher and 8-Hour Awareness

Eligible UBC members can now use the International Training Centers' **Learning Management System** to take the 8-hour ICRA refresher online (for members who have completed the 24-hour course previously).

Additionally, anyone who has not taken the 24-hour course is now able to take the 8-hour ICRA Awareness course at the same link above.

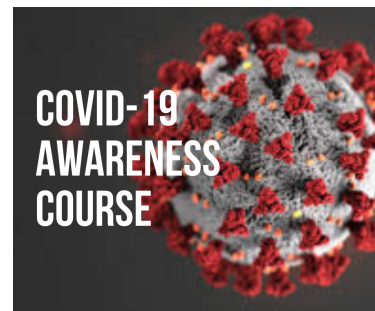
UBC members who are ICRA-trained provide much-needed expertise in this crisis to ensure that proper protocol is followed and necessary containment measures are being taken.



## COVID-19 Preparedness Qualification

The ITC is offering a new COVID-19 Preparedness Qualification online course that covers guidelines and procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can **access the course online**.

After you've logged on at the link above, **click here** for the course.



## COUNCIL CALENDAR

### Council Events

### Local Meetings

*Please note, all CDC guidelines will be followed to ensure the safety of our members.*

**\*The Jan. 12 regional council meeting is canceled.\***

**\*All local meeting are canceled through February.\***



## TRAINING

### TRAINING NOTICE

#### MSHA Training

The CRC training centers will offer MSHA training in January. Because of COVID, **advanced registration is required** and unlike in the past, walk-ins cannot be accepted.

[View training schedule here](#)

#### First Aid/CPR/AED Training

First Aid/CPR/AED classes have resumed and open to all apprentices and journeymen at the Carpenters Training Center with several options available.

Pre-registration is required by calling Henry Johnson at **(314) 457-8300**.

Visit [www.carpdc.org](http://www.carpdc.org) for available dates.

#### Kansas City Builders Assoc. Training Schedule (Jan - March 2021)

For a list of Safety, Health and Environmental courses [CLICK HERE](#)

#### **\*\*ONLINE TRAINING OPPORTUNITIES\*\***

##### UBC ITC Online Courses

**ICRA Refresher:** Members may now get their 8-hour ICRA Refresher online through the CITF Learning Management System. UBC members who are trained provide much needed expertise in this crisis to ensure that proper protocol is followed and proper containment measures are being taken. Access it by [clicking here](#).

Trouble logging in? This [resource document](#) can help.

**COVID-19 Preparedness Qualification:** This course covers guidelines and procedures outlined by OSHA. The course is available to all members through the CITF Learning Management System. Members can access the course by [clicking here](#).

*\*Please note, this course is not optimized for mobile or tablet. Desktop or laptop computers are recommended.*

##### **\*NEW\* Online Computer Courses**

CJAP has added additional online training opportunities for our members. Now is a great time to refresh your safety training, advance your skills or get your upgrade.

Now available: [Assa Abloy](#) door hardware door courses!

Apprentices who complete all four IC3 (4) courses will receive 1-Unit of training for completing and passing ALL FOUR courses in this recommended order 1) Computing Fundamentals, 2) Living Online 3) Word, 4) Excel.

[Visit carpdc.org for more information and how to sign up for these online classes.](#)

##### AdvanceOnline Training Courses

**Free AdvanceOnline Training** includes the following bundled courses:

- OSHA Focus Four and Electrical Hazards
- OSHA – Exposures to Health Hazards

- OSHA – Managing Safety & Health and Fall Hazards
- OSHA – Introduction and Material Handling Hazards
- OSHA – Preparedness and Response to Hazards
- All Bundles listed above

For more information or to sign up, visit [carpdc.org](https://carpdc.org).

**AdvanceOnline OSHA-10 and OSHA-30**

Check out the details on [carpdc](https://carpdc.org) and sign up for this online OSHA training. This training is free as long as it is successfully completed.

All AdvanceOnline Training Course questions should be directed to AdvanceOnline Customer Service as outlined on our website.

Carpenters Regional Council

800.332.7188

[carpdc.org](https://carpdc.org)

St. Louis - Kansas City Carpenters Regional Council | 1401 Hampton Ave, St Louis, MO 63139

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